Thai Red Curry Noodle Soup

- 1 tablespoon olive oil
- 11/2 pounds boneless, skinless chicken breast, cut into 1-inch chunks
- Kosher salt and freshly ground black pepper, to taste
- 3 garlic cloves, minced
- 1 red bell pepper, diced
- 1 onion, diced
- 3 tablespoons red curry paste
- 1 tablespoon freshly grated ginger
- 6 cups low sodium chicken broth
- 1 (13.5-ounce) can coconut milk
- 1/2 (8-ounce) package rice noodles
- 1 tablespoon fish sauce
- 2 teaspoons brown sugar
- 3 green onions, thinly sliced
- 1/2 cup chopped fresh cilantro leaves
- 1/4 cup chopped fresh basil leaves
- 2 tablespoons freshly squeezed lime juice
- 1. Heat olive oil in a large stockpot or Dutch oven over medium heat. Season chicken with salt and pepper, to taste. Add chicken to the stockpot and cook until golden, about 2-3 minutes; set aside.
- 2. Add garlic, bell pepper and onion. Cook, stirring occasionally, until tender, about 3-4 minutes.
- 3. Stir in red curry paste and ginger until fragrant, about 1 minute.
- 4. Stir in chicken broth and coconut milk, scraping any browned bits from the bottom of the pot.
- 5. Stir in chicken. Bring to a boil; reduce heat and cook, stirring occasionally, until reduced, about 10 minutes.
- 6. Stir in rice noodles, fish sauce and brown sugar until noodles are tender, about 5 minutes.
- 7. Remove from heat; stir in green onions, cilantro, basil and lime juice; season with salt and pepper, to taste.
- 8. Serve immediately.